

YEAR A	Aut 1 Black History Month (October)	Aut 2 Anti Bullying Week Road Safety Week	Spr 1 Safer Internet Day Children's Mental Health Week LGBTQ History Month (Feb)	Spr 2 International Women's Day Red Nose Fair Trade Fortnight Sign Language week	Sum 1 Deaf Awareness Week Mental Health Awareness Week Walk to school week Water Safety	Sum 2 Child Safety Week RSE Day (end of June) Money and Finance
	Being Me in My World.	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
EYFS Age group 4-5	<p>Self-identity – Who me</p> <p>Understanding feelings how am I feeling today?</p> <p>Being in a classroom – being at school</p> <p>Being gentle – gentle hands.</p> <p>Rights and responsibilities – Our rights. Our Responsibilities</p>	<p>Identifying talents – what am I good at?</p> <p>Being special – I'm special I'm me</p> <p>Families</p> <p>Where we live – houses and homes</p> <p>Making friends</p> <p>Standing up for yourself</p>	<p>Challenges -</p> <p>Perseverance – never giving up</p> <p>Goal-setting – setting a goal</p> <p>Overcoming obstacles</p> <p>Seeking help - obstacles & support</p> <p>Jobs – flight to the future</p> <p>Achieving goals – footprint awards</p>	<p>Exercising bodies – Everybody's body</p> <p>Physical activity – we like to move it move it</p> <p>Healthy food – food glorious food</p> <p>Sleep – sweet dreams</p> <p>Keeping clean – keeping clean</p> <p>Safety – stranger danger</p>	<p>Family life – my family and me</p> <p>Friendships</p> <p>Breaking friendships</p> <p>Falling out</p> <p>And bullying</p> <p>Being the best friends we can be</p>	<p>Bodies – my body</p> <p>Respecting my body</p> <p>Growing up</p> <p>Fun and fears</p> <p>Celebrations</p>
KS1 Age group 5-6	<p>Feeling special and safe</p> <p>Being part of a class</p> <p>Rights and responsibilities</p> <p>Rewards and feeling proud</p> <p>Consequences</p> <p>Owning the Learning Charter</p>	<p>Similarities and differences</p> <p>Understanding bullying and knowing how to deal with it</p> <p>Making new friends</p> <p>Celebrating the differences in everyone</p>	<p>Setting goals</p> <p>Identifying successes and achievements Learning styles</p> <p>Working well and celebrating achievement with a partner</p> <p>Tackling new challenges</p> <p>Identifying and overcoming obstacles</p> <p>Feelings of success</p>	<p>Keeping myself healthy</p> <p>Healthier lifestyle choices</p> <p>Keeping clean</p> <p>Being safe Medicine safety/safety with household items</p> <p>Road safety</p> <p>Linking health and happiness</p> <p>Stranger Danger</p>	<p>Belonging to a family</p> <p>Making friends/being a good friend</p> <p>Physical contact preferences</p> <p>People who help us</p> <p>Qualities as a friend and person</p> <p>Self-acknowledgement</p> <p>Being a good friend to myself</p> <p>Celebrating special relationships</p>	<p>Life cycles – animal and human</p> <p>Changes in me</p> <p>Changes since being a baby</p> <p>Differences between female and male bodies (correct terminology)</p> <p>Linking growing and learning</p> <p>Coping with change</p> <p>Transition</p>
LKS2 YEARS 3 & 4	<p>Setting personal goals</p> <p>Self-identity and worth</p> <p>Positivity in challenges</p>	<p>Families and their differences</p>	<p>Difficult challenges and achieving success Dreams and ambitions New</p>	<p>Exercise</p> <p>Fitness challenges</p>	<p>Family roles and responsibilities Friendship and negotiation</p>	<p>How babies grow</p> <p>Understanding a baby's needs</p>

Age group 7-8	Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and offline scenarios Stranger Danger Respect for myself and others Healthy and safe choices	Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition
UKS2 YEARS 5 & 6 Age group 9-10	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating.	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition

YEAR B	Aut 1 Black History Month (October)	Aut 2 Anti Bullying Week Road Safety Week	Spr 1 Safer Internet Day Children's Mental Health Week LGBTQ History Month (Feb)	Spr 2 International Women's Day Red Nose Fair Trade Fortnight Sign Language week	Sum 1 Deaf Awareness Week Mental Health Awareness Week Walk to school week Water Safety	Sum 2 Child Safety Week RSE Day Money and Finance
	Being Me in My World.	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
EYFS	Self-identity – Who me Understanding feelings how am I feeling today? Being in a classroom – being at school	Identifying talents – what am I good at? Being special – I'm special I'm me Families	Challenges - Perseverance – never giving up Goal-setting – setting a goal	Exercising bodies – Everybody's body Physical activity – we like to move it move it Healthy food – food glorious food Sleep – sweet dreams	Family life – my family and me Friendships Breaking friendships Falling out And bullying	Bodies – my body Respecting my body Growing up Fun and fears Celebrations

	<p>Being gentle – gentle hands.</p> <p>Rights and responsibilities – Our rights. Our Responsibilities</p>	<p>Where we live – houses and homes</p> <p>Making friends</p> <p>Standing up for yourself</p>	<p>Overcoming obstacles</p> <p>Seeking help - obstacles & support</p> <p>Jobs – flight to the future</p> <p>Achieving goals – footprint awards</p>	<p>Keeping clean – keeping clean</p> <p>Safety – stranger danger</p>	<p>Being the best friends we can be</p>	
<p>KS1</p> <p>Age Group</p> <p>6 - 7</p>	<p>Hopes and fears for the year</p> <p>Rights and responsibilities</p> <p>Rewards and consequences</p> <p>Safe and fair learning environment</p> <p>Valuing contributions</p> <p>Choices</p> <p>Recognising feelings</p>	<p>Assumptions and stereotypes about gender</p> <p>Understanding bullying</p> <p>Standing up for self and others</p> <p>Making new friends</p> <p>Gender diversity</p> <p>Celebrating difference and remaining friends</p>	<p>Achieving realistic goals</p> <p>Perseverance</p> <p>Learning strengths</p> <p>Learning with others</p> <p>Group co-operation</p> <p>Contributing to and sharing success</p>	<p>Motivation</p> <p>Healthier choices</p> <p>Relaxation</p> <p>Healthy eating and nutrition</p> <p>Healthier snacks and sharing food</p>	<p>Different types of family</p> <p>Physical contact boundaries</p> <p>Friendship and conflict</p> <p>Secrets</p> <p>Stranger Danger</p> <p>Trust and appreciation</p> <p>Expressing appreciation for special relationships</p>	<p>Life cycles in nature</p> <p>Growing from young to old</p> <p>Increasing independence</p> <p>Differences in female and male bodies (correct terminology)</p> <p>Assertiveness Preparing for transition</p>
<p>LKS2</p> <p>YEARS</p> <p>3 & 4</p> <p>Age Group</p> <p>8 - 9</p>	<p>Being part of a class team</p> <p>Being a school citizen</p> <p>Rights, responsibilities and democracy (school council)</p> <p>Rewards and consequences</p> <p>Group decision-making</p> <p>Having a voice</p> <p>What motivates behaviour</p>	<p>Challenging assumptions</p> <p>Judging by appearance</p> <p>Accepting self and others</p> <p>Understanding influences</p> <p>Understanding bullying</p> <p>Problem-solving Identifying how special and unique everyone is</p> <p>First impressions</p>	<p>Hopes and dreams</p> <p>Overcoming disappointment</p> <p>Creating new, realistic dreams</p> <p>Achieving goals</p> <p>Working in a group</p> <p>Celebrating contributions</p> <p>Resilience</p> <p>Positive attitudes</p>	<p>Healthier friendships</p> <p>Group dynamics</p> <p>Smoking</p> <p>Alcohol</p> <p>Assertiveness</p> <p>Peer pressure</p> <p>Celebrating inner strength</p>	<p>Jealousy</p> <p>Love and loss</p> <p>Memories of loved ones</p> <p>Getting on and Falling Out</p> <p>Girlfriends and boyfriends</p> <p>Showing appreciation to people and animals</p>	<p>Being unique</p> <p>Having a baby</p> <p>Girls and puberty</p> <p>Confidence in change</p> <p>Accepting change</p> <p>Preparing for transition</p> <p>Environmental change</p>
<p>UKS2</p> <p>YEARS</p> <p>5 & 6</p> <p>Age Group</p> <p>10 - 11</p>	<p>Identifying goals for the year</p> <p>Global citizenship</p> <p>Children’s universal rights</p> <p>Feeling welcome and valued</p>	<p>Perceptions of normality</p> <p>Understanding disability</p> <p>Power struggles</p> <p>Understanding bullying</p> <p>Inclusion/exclusion</p> <p>Differences as conflict, difference as celebration</p> <p>Empathy</p>	<p>Personal learning goals, in and out of school</p> <p>Success criteria</p> <p>Emotions in success</p> <p>Making a difference in the world</p> <p>Motivation</p>	<p>Taking personal responsibility</p> <p>How substances affect the body</p> <p>Exploitation, including ‘county lines’ and gang culture</p>	<p>Mental health</p> <p>Identifying mental health worries and sources of support</p> <p>Love and loss</p> <p>Managing feelings</p> <p>Power and control</p> <p>Assertiveness</p> <p>Technology safety</p>	<p>Self-image</p> <p>Body image</p> <p>Puberty and feelings</p> <p>Conception to birth</p> <p>Reflections about change</p> <p>Physical attraction</p> <p>Respect and consent</p>

	Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling		Recognising achievements Compliments	Emotional and mental health Managing stress	Take responsibility with technology use	Boyfriends/girlfriends Sexting Transition
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