

Support available for Children, Young People & Families in CYPS Central Area (Selby, Hambleton & Richmond)

Family Support and Childcare



Home-Start is a voluntary organisation committed to supporting families with at least one child under the age of eight. Volunteers visit families in their own homes each week, offering support, friendship and practical help.

Goole District Home -Start (covers the selby area) **01405 769966**

[Link: HS Goole](#)

Richmondshire Home-start **01748 850079**

[Link: HS Richmondshire](#)



Families Information Service

If you need help with finding local childcare we will be happy to help you.

Tel: 01609 533483

[Link: Choosing Childcare](#)

Find out how to access support including tax credit, childcare vouchers, tax-free childcare, help from your employer, and funded places.

[Link: Early Education and Childcare](#)



Children and Family Hubs

Our children and family hubs are located across the county and provide groups, sessions for children and young people aged 0-19 and their families. Groups include Speech and Language groups, Youth Sessions, Breastfeeding groups and Support with Parenting and more.

Selby North children and family hub 01609 535111

Selby South children and family hub 01609 797598

Brotherton children and family hub 01609 534720

Northallerton children and family hub 01609 534634

Thirsk children and family hub 01609 533068

Colburn children and family hub 01609 532595

Other Venues are available but are only open when sessions are running

Just select your area to download the full programme with details of what's on near you

[Link: Children and Family Hubs](#)



Selby, Tadcaster and Goole Mumbler

Your local parenting community. Find out about activities.

[Link: Mumbler](#)



North Yorkshire Youth

We provide opportunities for Children and young people to learn and grow by supporting youth work in North Yorkshire communities **Tel: 01845 522 145**

North Yorkshire Youth provides a directory of youth activities – click the link below for your area.

Link: [NYY Selby District](#)

Link: [NYY Richmond](#)

Link: [NYY Hambleton](#)



Listening, supportive and non-judgemental

Family Lives

Call our free and confidential helpline for support

Please call us for emotional support, information, advice and guidance on any aspect of parenting and family life. Our helpline service is open 9am – 9pm, Monday to Friday and 10am – 3pm Saturday and Sunday

Tel: 0808 800 2222

[Link: Family Lives](#)